

Risk Assessments

You will be asked to complete a risk assessment upon booking to ensure we are safe to offer care.

We are complying with government and our regulatory body guidelines to keep you safe and wearing the required PPE.

Hand sanitiser will be available in all rooms and we ask that you use this before entering and leaving the clinic.

Treatment beds and equipment will be disinfected after each client and touch points within the reception area and bathrooms are being cleaned at regular intervals throughout the day.

We are asking all clients to arrive a couple of mins before their treatment time and wait outside of the clinic on the socially distanced seating, until you are called through for your appointment where you will be asked to enter straight into the treatment room.

We ask that all client enter using the main door (this will be labelled) and exit using the furthest door from reception to minimise risk of contact.

All clients are asked to bring with them a mask, small bottle of water in case of thirst, and towels to use during their treatment (2 x large towels for massage, 1 x small towel for chiropractic/movement therapy).

We kindly ask that you avoid bringing any unnecessary items with you eg handbags/umbrellas/shopping to reduce contact risk.

We have a protective screen up at reception to protect both staff and you whilst paying. The card machine will be wiped down following each use and hand sanitiser is provided for you to use upon departing.